



Erasmus+



IKY



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ  
ΙΔΡΥΜΑ ΚΡΑΤΙΚΩΝ ΥΠΟΤΡΟΦΙΩΝ  
STATE SCHOLARSHIPS FOUNDATION



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“Roadmap to building a caring and respectful school community”



ΓΥΜΝΑΣΙΟ  
ΠΕΤΡΑΣ - ΛΕΣΒΟΥ

### “A strange reunion”

#### 1<sup>st</sup> Scene At the psychologist’s office

At the office there is a desk and two chairs side by side. The psychologist sits at his chair and the bully comes inside. When he sees him, he gets up and they shake hands.

Ps-Good Evening, mister Petrou.

Bu- Good Evening!

Ps- Have a seat please...

Bu-Thank you.

Ps- What would you like to discuss today? Do you mind if we talk about your childhood?

Bu- I guess not. You should know I wasn’t such a nice guy.

Ps- Why do you say that?

Bu- There was a kid in school, we were in the same class. He was perfect at everything he did. All the teachers loved him. Even my mother kept telling me «Why can’t you be like Nikolas? You’re a loser! » Every time my father got drunk he became violent.

Ps- So, you were jealous of Nikolas, who has the same name with me by the way.

Bu- I just couldn't stand the comparison any more.

Ps- How did you react on that?

Bu- Actually, eh... I was making fun of him, all the time. My friends were laughing at him too. We used to call him names, until he started to cry.

**2<sup>nd</sup> scene** In the school, many years ago.

The victim stands quiet and eats a sandwich. Next to him there is a pile of books. The bully comes close to him, he throws the books down and steps on them, then he throws the sandwich on the books...

Bully-Young: Hey geek! No matter how much you study, you will still be a loser!

Victim-Young: What are you doing? Leave me alone.

Bully-Young: Are you taping it?

Friend of the Bully 1: I got this.

Friend of the Bully 2: It's very funny, it will get lots of views.

Victim-Young: Please stop! I've done nothing to you.

The friends of the victim realize what happened and run to interfere.

**3<sup>rd</sup> Scene** At the psychologist's office

Bu- It got even worse after that...

Ps- What did you do next?

**4<sup>th</sup> Scene** In the school, many years ago.

The group of the bully shows the video to a group of neutrals. The victim stands away by himself. They point him and they laugh. The victim runs away when it happens. The group of the victim tries to stop him, but he leaves without saying anything. The group of the victim goes to the others.

Friend of the Bully 1: Look at this video, it is so funny.

Friend of the Bully 2: Look at this geek.

Bully-Young: This is the loser.

The entire of the victim: Why are you doing this? What do you have to gain from this? Stop or we will tell the principle.

**5<sup>th</sup> Scene** At the psychologist's office

Ps - Did they tell the principle after all?

Bu- They hesitated at first, but when they did it was too late...

Ps- ....You had already posted it online.

Bu- Yes. I think about it, every single day since then. I have regretted it. I wonder how he felt. I hope he doesn't hate me now for all that we've done to him.

Ps- Your story reminds me of my childhood. However I was on the other side. I was bullied, and they posted the video online too. I was deeply hurt. All the kids in my school laughed at me, for a whole year. I went home every day, I locked my door, so nobody could disturb me. I was crying for hours and hours every day. I felt rejected and insecure. At school, every time the bell was ringing for lunch time, I used to take my food from home. Every lunch time, the bullies used to come and tell me "what do you have for me today?" Then, I was feeling uncomfortable, so I was going to the bathroom. There I was locking myself, and I started thinking how can remove them from my life.

I was passing a lot of days of the week alone. I was writing in my diary my problems. Finally, all these problems made me think of suicide.

**6<sup>th</sup> Scene** In the school, many years ago.

The victim writes to his diary what he feels.

Victim-Young:

Dear Diary,

Today was the worst day of my life.....I can't take it anymore... Some kids in my school are bullying me. They are teasing me and making fun of me. And if that is not enough, today I saw a video online of myself, crying while all the other kids were laughing at me. I felt devastated after seeing this video. Everybody hates

me. I should be happy but everything around me is dark. I am in pain. I have no friends. It looks like you, my dear diary, you are my only friend.

The psychologist at his office, remembers the diary. It turns out he is the same person as the young victim of bullying.

Ps: Help!!!! Happiness can be found only in death. No, dear diary, I have to send these ideas away. I hope for better days and happiness.

**7<sup>th</sup> scene** At the psychologist's office

Bu- Were they punished after all?

Ps- They were punished but for me it didn't do me any good because I suffered a lot.

Bu-What happened to the bullies?

**8<sup>th</sup> Scene** In the school, many years ago.

The group of the victim and the group of the neutrals are discussing in the school's library.

Neutral 1: Hi.

Friend of the victim 1: Hi.

Neutral 2: Why did you go to the principal's office?

Friend of the victim 1: We went to discuss what they did to Nicolas.

Neutral 1: You told on them?

Friend of the victim 2: Someone had to do something about it.

Neutral 2: Why didn't he defend himself?

Friend of the victim 2: Because he was scared of them.

Neutral 2: They were all suspended. They changed schools.

Friend of the victim 1: That's sad but ...

## 9<sup>st</sup> Scene At the psychologist's office

Bu: I got suspended too because of what I did. I had to go to another school.

Ps: That sounds familiar to me, where did all that happen?

Bu: I went to the junior high school in Petra, why?

Ps: I went to the same school too.

Bu: Really?

Ps: What's your full name again?

Bu: Paris Petrou, do you remember me from back then?

The moment the psychologist realizes who is in front of him.

Bu: Is everything okay? Did I say anything weird?

Ps: Seriously you don't recognize me? One minute.

(The Psychologist is looking for a photo and shows it to the Bully)

Bu: Is it really you? I can't believe the coincidence. I'm really sorry. I feel awful. I regret everything I did to you. I wish I could turn back in time and change everything.

Ps: Well, now that I am grown I realize the reasons that made you behave like that. I also wish you had a beautiful and happy childhood, you might have not been so cruel to me.

Bu: I hope you won't hold grudges on me. You were, and you still are a very nice guy, you didn't deserve this behavior.

Ps: Don't worry about it! Come here!

(The two of them come close and hug it's other)

## Messages from the participating pupils

Bullying is a very bad thing.

Bullying hurts people.

Bullying can destroy people 's lives.

We should all do something to stop bullying.

If you see a victim of bullying, try to help them.

If you are bullied tell it to your parents ... or to your teachers.

If you are a victim of bullying stand up, speak out ... people will help you, you are not alone.

**STAND UP, SPEAK OUT, STOP BULLYING.**